



Fiona Bonehill

Acupuncturist

Acupuncture Fertility in Bristol

Acupuncture is a form of ancient Chinese Medicine that has been around for 1,000's of years. It is based on meridians that form a network flowing all over the body. Qi (energy) circulates around the body via these channels. Traditional Chinese Medicine taps into this qi when there is an imbalance in the flow somewhere in the body that causes certain conditions to manifest.

Acupuncture treats a variety of conditions. Some of these include:- nausea, vomiting, fertility and certain types of pain relief. Acupuncture treats the person not just the symptoms. If you have any questions or wish to discuss anything in more detail please contact us by phone or email.

Contact Us Today on 07920 511906!



About Me

Working from clinics based in South Gloucestershire, Bristol and Hampshire.

Fiona trained at the College of Integrated Chinese Medicine in Reading gaining her **Licence in Acupuncture** as well as a BSc Hons in Acupuncture. She is registered with the **British Acupuncture Council** as well as Bristol County Council and adheres to all professional Codes of Conduct and local Byelaws. Since then she has completed further training with the **Zita West** network in fertility and assisted fertility. In 2010 she undertook a course in **Sports Massage** at SPS in Cardiff that is fully accredited by the Sports Massage Association gaining an OCR qualification.

Fiona has had experience working in both a fertility specialist clinic as well as pain relief alongside her own practice.



Qualifications and Training

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Acupuncture Treatments

Our main treatments:

nausea

vomiting

dental pain

pain associated with osteoarthritis of the knee

short term relief of tension headache

temp/short term relief of lower back pain

migraine type headache

For a full list please do contact us now

Price List

A 10 minute appointment is available free of charge to discuss whether acupuncture is for you and whether it can help your condition.

First Consultation: £50

Treatment: £30

First Consultation appointments will involve an in-depth diagnosis followed by a treatment.



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Testimonials

Having suffered lower back pain for 20+ years, a colleague suggested I try acupuncture and recommended Fiona. I have found her to be professional, showing a genuine interest in my symptoms. Every question I have asked has been answered with care, ensuring I understand what is happening. Her calming and warm approach has been reassuring and put me at ease. Additional treatments, such as massage and moxa have been built into the plan, ensuring the best possible outcome.

Following the first treatment I was able to reduce my intake of pain relief tablets and after 5 treatments, the intake of medication became nil. I would have no hesitation in recommending Fiona to anyone of any age. - **Sue, April 2012**

I would like to thank Fiona for the treatment she gave me in relation to my recovery for an eating disorder. I found Fiona to be extremely professional yet she made me feel at ease with the treatment and surroundings, both of which were new to me. The treatment was immediately beneficial and had lasting positive effects. I would happily recommend Fiona as a professional and caring practitioner. I eagerly await my next treatment. - **Harriet Bevan**

More Testimonials

I started my treatment with Fiona after years asking for help from 'conventional' medical practitioners. I suffered with severe mouth ulcers that lasted up to 3 weeks and would very often have more than 5 in one go. Sometimes up to 15. At the time I was suffering with moderate/bad IBS and sleeping problems. No 'normal' GP or Specialist had ever successfully helped me and I was at my wits end.

Fiona changed everything and gave my life back to me. She stopped the ulcers within 3 weeks of treatment and the IBS cleared up pretty soon after that. She helped to clear all my sinus congestion and sorted out the sleep issues. At the same time she helped me with these problems she provided me with extra dietary support and advice. It was invaluable and I still adhere to the advice 3 years later with excellent results.

Not only did Fiona help to stop the ulcers, the IBS and the sleep issues but she continued to treat me whilst trying for a 2nd baby and not only was the pregnancy quick to happen but she helped with the morning sickness, fatigue and headaches. I had a very healthy and bonny baby whereas previously I had suffered miscarriages.

During very treatment she would talk me through her findings and what she was going to do to treat me. She kept me relaxed and calm. I enjoyed all my treatments and for a 'needle phobic' that speaks volumes.

Finally she assisted me to quit smoking and lose weight.

Fiona is a truly amazing person who saved me in so many ways. I was at rock bottom, life was daily pain and discomfort. I can never thank her enough I will be forever in her debt. - **Katherine Tarr - 2012**